

At home Denture Care

- For **Immediate Denture**, Do Not remove the dentures for the first 2 days except for rinsing if needed. Your gum tissues will swell due to the extractions and if the denture is removed for a long period of time this may result in your inability to get the dentures back into place due to the swelling.
- Remove dentures and rinse after meals. If you can not remove your dentures the rinse mouth with water after meals
- **Do not** brush denture teeth with normal toothpaste or anything abrasive. **Normal toothpaste** has abrasives that can scratch your denture which can lead to increased plaque accumulation.
- **Clean dentures after daily use.** Remove dentures and brush them with the provided brush given to you on the day of delivery. Brush your dentures with normal hand soap and water on the inside and outside surfaces. Pay attention to the tooth areas and ensure you are removing all plaque build up in between the teeth.
- Dentures do not need to be soaked in denture cleaner every night. Two to three treatments of cleaner per week are adequate. When soaking in denture cleaner we recommend soaking them in hot tap water for **15 minutes**. After soaking, return and brush the dentures with your denture brush to break up any stain or plaque on the teeth and acrylic. **Pour out the cleaner liquid and replace it with normal water for storage overnight.**
- Dentures should be removed every night before bed to give your tissues a rest and prevent the chances of a **fungal infection**. Store your dentures in the provided container with about $\frac{1}{3}$ water in the denture case. This will ensure that the denture acrylic does not dry out. Make sure to close the lid of the retainer after placing water in it.